

# **2010 Drexel Youth Invitational Tournament**

The Drexel Karate Club in association with the International Shotokan Karate Federation is pleased to invite you to the:

## **2010 Drexel Youth Invitational Tournament**

Greetings,

On behalf of the entire Drexel Karate Club I am pleased to invite you to our first Youth Invitational Tournament. For more than three decades the college students at Drexel and other American universities have enjoyed and benefitted from the special training of organized karate competition. Our goal is to extend this opportunity to the youth of the ISKF by sponsoring what we hope will be an annual competitive event here at Drexel. I look forward to your participation!

Sincerely,

**James Sim**

**Instructor – Drexel Karate Club**

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**Where:**

**Drexel University Daskalakis Athletic Center (DAC) 33<sup>rd</sup> & Market St. Philadelphia, PA 19104**

**When:**

**Saturday, October 9<sup>th</sup> 2010 Doors open at 9am for check in, Competition begins at 10am**

**Eligibility:**

**All ISKF members of any rank age 7 to 17**

**Entry Fee:**

**\$25 for 1 individual event (kata or kumite), \$40 for both individual kata & kumite, \$50 per kata team (up to 3 teams per club may enter)**

**Registration Deadline:**

**October 1, 2010 (all entry forms MUST be postmarked by this date – there will be no late or walk-in registration)**

# 2010 Drexel Youth Invitational Tournament

## Drexel Youth Tournament – Registration Package Details

Where:

Drexel University Daskalakis Athletic Center (DAC) 33<sup>rd</sup> & Market St. Philadelphia, PA 19104

When:

Saturday, October 9<sup>th</sup> 2010 Doors open at 9am for check in, Competition begins at 10am

### Enclosed you will find the following materials:

- A. Competitor's Medical Questionnaire – **MUST** be completed for all participants.
- B. Waiver/Release Agreement - **MUST** be completed for all participants.
- C. Youth Division—General Information & Rules
- D. Youth Individual Registration Form
- E. Youth Team Kata Registration Form

Please send completed registration materials to:

James Sim  
526 Fairfield Road  
Plymouth Meeting, PA 19462

Checks for registration fees should be made payable to: **JSX**

All registration materials **MUST** be postmarked by:  
October 1, 2010 – There is no late or walk-in registration.

Please direct any questions to:

James Sim  
215.222.1775  
jjsim.mail@gmail.com

# Competitor's Medical Questionnaire

Every competitor must sign and submit this medical questionnaire

Every competitor must complete and submit this Medical Questionnaire and the Waiver/Release Agreement.

Name	_____		
Age	_____	Gender <input type="checkbox"/> F <input type="checkbox"/> M	Rank _____
Address	_____		
State	_____	City _____	Zip _____
Club	_____		Region _____

Do you have a history of any of the following conditions? Please check all that apply to you. If you answer yes to any, please explain:

Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Heart Murmur
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension
<input type="checkbox"/>	<input type="checkbox"/>	Recent infection
<input type="checkbox"/>	<input type="checkbox"/>	Bone fracture in the past 6 months
<input type="checkbox"/>	<input type="checkbox"/>	Concussion or severe head injury in the past 6 months
<input type="checkbox"/>	<input type="checkbox"/>	Seizures
<input type="checkbox"/>	<input type="checkbox"/>	Eye injury
<input type="checkbox"/>	<input type="checkbox"/>	Severe bone bruises requiring padding
<input type="checkbox"/>	<input type="checkbox"/>	Kidney injury
<input type="checkbox"/>	<input type="checkbox"/>	Allergy to medication (list all)
<input type="checkbox"/>	<input type="checkbox"/>	Other
<input type="checkbox"/>	<input type="checkbox"/>	Are you currently taking any medications? (list all)

If needed, please use this section to explain any yes answers

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature of Competitor \_\_\_\_\_  
(Parent or Guardian, if under 18 years of age)

Date \_\_\_\_\_

# Waiver/Release Agreement

Every competitor and Dan examinee must sign and submit this waiver/release agreement.

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Event 2010 Drexel University Youth Tournament.

I understand that there are risks and dangers inherent in participating and/or receiving instruction at the Dan & Judges exams, Clinics and the tournament (all of which will herein be referred to as the EVENT). I also understand that in order to participate and/or receive instruction at the EVENT, I must give up my rights to hold Drexel University, the International Shotokan Karate Federation (ISKF), the ISKF East Coast Region, the East Coast Shotokan Karate Association and any and all other clubs, schools, instructors, members, judges, officials and representatives (collectively the "Releases") liable for any injury or damage which I may suffer while participating and/or receiving instruction at the EVENT.

Knowing this, and in consideration of being permitted to participate and/or receive instruction at the EVENT, I hereby voluntarily release the Releases, and each of them, from any and all liability resulting from or arising out of my participation and/or receipt of instruction at the EVENT.

I understand and agree that I am releasing not only the entities and individuals set forth in the paragraph above, but also the officers, agents, principals, partners, shareholders, directors and employees of those entities or individuals.

I understand and agree that this Waiver/Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions or causes of action that I may have or have had, whether past, present or future, whether known or unknown, and whether anticipated or unanticipated by me, arising out of my participation and/or receipt of instruction at the EVENT.

I understand and agree that by signing this Waiver/Release, I am assuming full responsibility for any and all risk of death or personal injury or property damage suffered by me while participating and/or receiving instruction at the EVENT. I expressly acknowledge and assume any and all risks that my participation in the EVENT may subject me to personal injury or bodily harm.

I understand and agree that this Waiver/Release will be binding on me, my spouse, my heirs, my personal representatives, my assigns, my children and any guardian ad litem for said children.

I understand and agree that by signing this Waiver/Release, I am agreeing to release, indemnify and hold the above-named individuals or entities and their officers, agents, principals, partners, shareholders, directors and employees harmless from any and all liability or costs, including attorney fees, associated with or arising from my participation and/or receipt of instruction at the EVENT. Any damage to the hotel or the tournament site that I cause are my full responsibility. Said damages are not the responsibility of the ISKF, the ISKF East Coast Region or the East Coast Shotokan Karate Association.

I understand that if I am signing this Waiver/Release on behalf of my minor child, that I will be giving up the same rights for said minor, as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Waiver/Release Agreement and that I understand the words and language in it. I have been advised of the potential dangers incidental to participating and/or receiving instruction at the EVENT.

Print Name	Date
Sign Name	Witness

Parent/Guardian Release

I am the parent or legal guardian of the minor \_\_\_\_\_  
and am signing this Waiver/Release on behalf of said minor.

Print name of parent	Date
Signature of parent	

# Youth Division—General Information

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Age-Rank Qualifications and Rules	<p>All eligible youth competitors must be a member in good standing with the International Shotokan Karate Federation. They must be between the ages of 7 and 17 years old.</p> <p>The number of participants in each category will determine adjustments made, if any, to their categories. If any division has fewer than 5 competitors, we reserve the right to combine divisions.</p>												
Individual	<p>The competition is open to both male and female competitors and will include five age categories as follows.</p>												
Ages 7–9, 10–11	<p>Boys and girls will be combined in the following groups:</p> <table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;">Ungraded to 7 kyu</td> <td style="border-bottom: 1px solid black;">kata</td> <td style="border-bottom: 1px solid black;">kumite</td> </tr> <tr> <td style="border-bottom: 1px solid black;">6 kyu to 4 kyu</td> <td style="border-bottom: 1px solid black;">kata</td> <td style="border-bottom: 1px solid black;">kumite</td> </tr> <tr> <td style="border-bottom: 1px solid black;">3 kyu and above</td> <td style="border-bottom: 1px solid black;">kata</td> <td style="border-bottom: 1px solid black;">kumite</td> </tr> </table>	Ungraded to 7 kyu	kata	kumite	6 kyu to 4 kyu	kata	kumite	3 kyu and above	kata	kumite			
Ungraded to 7 kyu	kata	kumite											
6 kyu to 4 kyu	kata	kumite											
3 kyu and above	kata	kumite											
Ages 12–13, 14–15, 16–17	<p>Boys and girls will be combined in the following groups:</p> <table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;">Ungraded to 7 kyu</td> <td style="border-bottom: 1px solid black;">kata</td> <td style="border-bottom: 1px solid black;">kumite</td> </tr> <tr> <td style="border-bottom: 1px solid black;">6 kyu to 4 kyu</td> <td style="border-bottom: 1px solid black;">kata</td> <td style="border-bottom: 1px solid black;">kumite</td> </tr> <tr> <td style="border-bottom: 1px solid black;">3 kyu and above</td> <td style="border-bottom: 1px solid black;">kata</td> <td></td> </tr> </table> <p>Boys and girls will be separate in the following groups:</p> <table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;">3 kyu and above</td> <td style="border-bottom: 1px solid black;">boys kumite</td> <td style="border-bottom: 1px solid black;">girls kumite</td> </tr> </table>	Ungraded to 7 kyu	kata	kumite	6 kyu to 4 kyu	kata	kumite	3 kyu and above	kata		3 kyu and above	boys kumite	girls kumite
Ungraded to 7 kyu	kata	kumite											
6 kyu to 4 kyu	kata	kumite											
3 kyu and above	kata												
3 kyu and above	boys kumite	girls kumite											
Team	<p>Team kata will be open to all ages, rank and gender.</p> <p>There will be no team kumite for youths.</p>												

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# Youth Division Rules

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- Kata
- A. Contestants may not perform kata in competition higher than that required for their next promotion examination. The table below indicates the appropriate kata for each rank.
  - B. In the case of team kata, the kata performed must be in accordance with the status of the lowest ranking member of the team.

Rank	Permitted Kata
Ungraded	Heian 1
8 kyu	Heian 1, 2
7 kyu	Heian 1, 2, 3
6 kyu	Heian 1, 2, 3, 4
5 kyu	Heian 1, 2, 3, 4, 5
4 kyu	Heian 1, 2, 3, 4, 5; Tekki 1
3 kyu to 1 kyu	Heian 1, 2, 3, 4, 5; Tekki 1, Jion, Bassai Dai, Empi, Kanku Dai
Shodan & above	Any kata from the Best Karate Series #5 - #11

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- Kumite
- In matches in which the rank of either contestant is beginner to 4 kyu, either team or individual, the method of the contest is ippon kumite (one-step sparring). The technique and target will be announced before each attack. At the start of each match, aka (red side) will initiate the attack
- A. Ranks of beginner to 7 kyu will attack four times, using lunge punches to the face and mid-section with both right and left hands, but initiating the attack with the right side. Ranks of 6 kyu to 4 kyu will attack three times, using lunge punches to the face and mid-section, and front snap kick (mae geri), initiating the attack with the right side.
  - B. The defending side must demonstrate two (2) different countering techniques among his/her four defenses. Failure to do so will result in disqualification. Only one counterattack is permitted.
  - C. In the case of a draw during an ippon kumite match between contestants of ranks beginner to 7 kyu, the referee shall instruct the contestants to repeat ippon kumite as above, but aka (red side) attacks with the left side first.  
In the case of a draw during an ippon kumite match between contestants of ranks 6 kyu to 4 kyu, the referee shall instruct the contestants to repeat ippon kumite as above, but the attacking/offensive side must initiate the attack with the left side.

## Youth Division Rules (continued)

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### D. Warnings, Fouls and Disqualifications

1. During an ippon kumite contest in which the defensive/counterattacking side does not employ at least two different types of counterattacks to the four offensive attacks, that contestant shall be disqualified. This disqualification shall be administered at the completion of the individual contest.

If, during an ippon kumite match, the initial defensive/counterattacking side uses only one type of counterattack on all four counterattacks, that side is still required to act as the offensive/attacking side for that individual match.

2. During ippon kumite matches, a contestant who utters verbal noises, engages in feints, false starts and/or other attempts to distract the opponent shall be given a warning. Upon a second instance, the contestant shall be disqualified.
3. During an ippon kumite match, if the offensive/attacking contestant announces one target area, then delivers a technique to a different area than that which was announced, that contestant shall be given a warning. A second violation shall lead to disqualification.
4. **Prohibited Techniques When Counterattacking**  
The defensive contestant is not permitted to employ: sweeping techniques; any technique below the waist; nukite to the face or neck; wristlocks, joint manipulation or any technique aimed at a joint; grabbing; other techniques deemed dangerous by the judges. Use of any of these techniques will result in disqualification.
5. When counterattacking for an individual offensive technique, the defensive/counterattacking contestant shall not employ multiple counterattacks as counter measure for a single offensive attack.

### E. When announcing the target area during an ippon kumite match the following shall apply:

1. The announcement of the target area must be of significant volume to be heard by all of the judges for the match.
2. The announcement of the target area must be made after the offensive/attacking contestant has assumed a stationary, forward stance position.

### F. When delivering a technique, the offensive/attacking contestant may follow in the direction of the defensive/counterattacking contestant if the defensive side moves/shifts on an angle

### G. CONTACT IS NOT PERMITTED UNDER ANY CIRCUMSTANCES

## Youth Division Rules (continued)

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- H. In matches in which the rank of either contestant is 3 kyu or above, either team or individual, the method of the contest is jiyu ippon kumite (semi-free sparring), to employ ISKF rules.
1. The essence of jiyu ippon kumite, offensively, is to make one strong attack in order to catch your opponent defenseless. Defensively, one needs to make a strong counter-attacking measure, by itself or coupled with a block. The defending side must demonstrate two different countering techniques.
  2. At the start of each match, aka (red side) will initiate the attack. Each attack must be clearly and loudly announced in the order of jodan oizuki, chudan oizuki, chudan mae geri, and chudan yokogeri kekomi. The offensive side may use their favorite side to attack.
  3. Prohibited Techniques
    - a. The offensive side may not use feints or noises to distract their opponent.
    - b. The offensive side must make their attack once they are within correct distance. Once the correct distance has been established, they cannot hesitate, stalk, or pursue their opponent without an offensive technique, or the referee will issue a warning.
    - c. The offensive side, upon completion of an attack, must maintain their kamae (attack posture) and not immediately draw back the attack technique or step back out of counterattacking distance.
    - d. The offensive side cannot block counterattacking techniques or avoid them by body shifting (must maintain attack posture).
    - e. The offensive side cannot jump or slide with the lunge attacks.
    - f. No grabbing or holding will be permitted by the offensive or defensive side.
    - g. Escaping out of bounds by the defensive side will result in the following:  
1st time: jogai keikoku out of bounds  
2nd time: jogai chui warning  
3rd time: jogai hansoku disqualification, loss of match
- I. In final matches in which the rank of both contestants is 3 kyu or above, the method of the contest will be jiyu kumite (free sparring), according to ISKF rules.

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Please Note In kumite matches, mouthpiece and ISKF-approved white cotton/canvas hand protectors are required for all competitors, regardless of rank. No competitor will be permitted to compete without both. Only safety glasses will be permitted to be worn during kumite events. Absolutely no jewelry of any type will be permitted to be worn by competitors or officials (male or female).

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# Youth Individual Registration Form

Each club may send an unlimited number of competitors in each of the three divisions (Ungraded to 7 kyu, 6 kyu to 4 kyu, 3 kyu and above) in each of the following age groups:

Age	7-9	10-11	12-13	14-15	16-17
Kata	1 group per age level: Boys & Girls Combined				
Kumite	1 group per age level: Boys & Girls Combined		2 groups per age level: Boys KUMITE, Girls KUMITE		

Each competitor must pre-register by October 1, 2010, and submit a Medical Questionnaire and a Waiver/Release Agreement.

Competitors must be 17 years of age or under at the time of the event and must present current ISKF membership cards at check-in.

Registration fees are non-refundable, per competitor: single event, \$25; both events, \$40.

Club \_\_\_\_\_

	Name	Rank	Gender	Age	Kata	Kumite	Amount enclosed
1	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
2	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
3	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
4	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
5	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
6	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
7	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
8	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
9	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
10	_____	_____	<input type="checkbox"/> F <input type="checkbox"/> M	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____

Total amount enclosed \$ \_\_\_\_\_  
 Checks/money orders payable to JSX  
 Send all paperwork to James Sim 526 Fairfield Rd Plymouth Meeting, PA 19462  
 Postmarked by October 1, 2010

# Youth Team Kata Registration Form

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Each club may send three kata teams for the Youth Team Kata Event. Teams may be made up of any combination of age (17 years or under), rank and gender.

All teams must pre-register by October 1, 2010. Each team member must submit a Medical Questionnaire and a Waiver/Release Agreement. Competitors must be 17 years of age or under at the time of the event and must present current ISKF membership cards at check-in. Registration fees are non-refundable, per team: \$50.

Club \_\_\_\_\_  
Team Name (i.e. A, B, C) \_\_\_\_\_

	Name	Rank
1 (captain)	_____	_____
2	_____	_____
3	_____	_____
4 (alternate)	_____	_____

Total amount enclosed \$50  
Checks/money orders payable to JSX  
Send all paperwork to James Sim 526 Fairfield Rd Plymouth Meeting, PA 19462  
Postmarked by October 1, 2010

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# 2010 Drexel Youth Invitational Tournament

## Judge Registration Form

Dear ISKF Judges, Instructors & Trainees,

No tournament can take place without the volunteer service of judges. Therefore, I am asking you to kindly volunteer your time on Saturday, October 9<sup>th</sup> 2010 to help with our event. Lunch and refreshments will be provided to facilitate your service.

If you can attend please mail or email the following information:

Name: \_\_\_\_\_

Judge's Rank: A B C D unranked

### Event Details:

Where:

Drexel University Daskalakis Athletic Center (DAC) 33<sup>rd</sup> & Market St. Philadelphia, PA 19104

When:

Saturday, October 9<sup>th</sup> 2010 Doors open at 9am for check in, Competition begins at 10am

### Please send information to:

James Sim

526 Fairfield Road

Plymouth Meeting, PA 19462

jjsim.mail@gmail.com

215.222.1775

Thank You!